# Sample training program applicable to a public of team leaders:

PRO MIND
Management and Organisation Development

**MODULE 1**

***UNDERSTANDING THE MISSION***

- Clarification of a team leader's mission
- Clarification of a team leader's success indicators
- Clarification of a team leader's activities
- Individual assessments with professional tests

**ADJUSTEMENT**

***ADJUSTMENT OF THE DEVELOPMENT MODULES***

- Identification of both the individual and collective development axes
- Adjustment of the training modules

**MODULE 2**

***STRESS MANAGEMENT AND ASSERTIVENESS***

- Professional stress and its consequences
- The practice of assertiveness
- Practical exercises / role plays

**MODULE 3**

***ORDERS TRANSMISSIONAND LEADERSHIP***

- Orders transmission and leadership in an environment without direct control
- Practical exercises on the practice of delegation and control

**OTHER MODULES POSSIBLE**

***OPTIONS***

- Coaching techniques and the practice of control
- Preparation to the use of delegation
- Preparation to the training of team members
- Monitoring of the training program in the workplace

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